

SCOIR



Scoir Career Readiness Curriculum

10th Grade Lesson Plans

Scoir Career Readiness Curriculum

Course Objective & Overview

The Scoir team's vision is a world where every student understands, appreciates, and values their unique talents and pursues career paths strongly matched to their interests and abilities.

The Scoir Career Readiness Curriculum is a comprehensive set of lessons created to support school counselors as they help students transition into adulthood, post-secondary education, and the world of work.

This curriculum is designed to build in complexity and detail as students progress through grades 6-12. Each lesson can also stand alone, which allows counselors to choose specific topics based on preferences and needs for grade level or individual students.

Scoir is focused on providing counselors with valuable materials that are easy to implement and promote and support student success.

This curriculum guides and supports the work you do in preparing students for post-secondary pursuits and provides lessons related to the following areas:

- Career Exploration
- Goal Setting & Academic Planning
- Financial Literacy & Planning
- Developing Workplace Skills
- In-depth Career Research
- Resume Development
- Internship & Work Experience Opportunities
- Networking & Professional Development
- Transitioning to College & Career

ASCA Student Standards are aligned within individual lessons to clearly outline how the Scoir Curriculum supports the academic achievement, attitudes, and skills students need for college and career readiness.

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Lesson 10.1

Interactive Sessions on Specific Industries or Professions (A-H)

Overview

This lesson aims to expose students to various career paths by engaging them in hands-on, interactive workshops. It also gives students practical insights into different industries, helping them make informed decisions about their future careers.

Learning Objectives

- Understand the day-to-day responsibilities and skills required in specific industries or professions
- Identify the educational and training pathways needed for careers in these fields
- Develop a clearer sense of their own career interests and goals
- Enhance their problem-solving, teamwork, and communication skills through interactive activities

ASCA Standards & Competencies

M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes

B-LS 7. Long- and short-term academic, career, and social/emotional goals

B-SMS 6. Ability to identify and overcome barriers

B-SS 3. Positive relationships with adults to support success

B-SS 8. Advocacy skills for self and others and ability to assert self, when necessary

Suggested Grade Level 10

Time Required 30 minutes

Materials

- [Video presentations describing career clusters*](#)
- Laptops, tablets, or a projector
- Handouts or worksheets for guided activities

**Scoir does not own or maintain this resource. It is publicly available and can be referenced as you customize the lesson for your classroom.*



Instructions

Classroom Work

1. Provide an overview of the industries that will be covered. Emphasize the importance of exploring different career options and gaining hands-on experience.

Career clusters covered in this lesson:

- Agriculture, Food & Natural Resources
- Agriculture & Construction
- Arts, Audio/Video Technology & Communications
- Business Management & Administration
- Education & Training
- Finance
- Government & Public Administration
- Health Science

2. Divide students into eight groups and ask them to rotate from one career cluster to another.
3. Each career cluster will have a recorded 3-5 minute presentation describing that career cluster and a list of different professions under that industry.

Individual Work

1. Taking notes during the career cluster sessions.
2. Reflecting on personal interests and experiences related to specific industries or professions.
3. Setting goals for further exploration and development in chosen career paths.
4. Reconvene as a whole group to discuss what students learned.
5. Ask students to share which career cluster they connected with the most and share a profession under that career cluster they plan to explore further.

Lesson 10.2

Interactive Sessions on Specific Industries or Professions (I-Z)

Overview

This lesson aims to expose students to various career paths by engaging them in hands-on, interactive workshops. It also gives students practical insights into different industries, helping them make informed decisions about their future careers.

Learning Objectives

- Understand the day-to-day responsibilities and skills required in specific industries or professions
- Identify the educational and training pathways needed for careers in these fields
- Develop a clearer sense of their own career interests and goals
- Enhance their problem-solving, teamwork, and communication skills through interactive activities

ASCA Standards & Competencies

M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes

B-LS 7. Long- and short-term academic, career, and social/emotional goals

B-SMS 6. Ability to identify and overcome barriers

B-SS 3. Positive relationships with adults to support success

B-SS 8. Advocacy skills for self and others and ability to assert self, when necessary

Suggested Grade Level 10

Time Required 30 minutes

Materials

- [Video presentations describing career clusters*](#)
- Laptops, tablets, or a projector

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Instructions

Classroom Work

1. Provide an overview of the industries that will be covered. Emphasize the importance of exploring different career options and gaining hands-on experience.

Career clusters covered in this lesson:

- Information Technology
- Law, Public Safety, Correction & Security
- Manufacturing
- Marketing
- Science, Technology, Engineering & Mathematics
- Transportation, Distribution & Logistics

2. Divide students into eight groups and ask them to rotate from one career cluster to another.
3. Each career cluster will have a recorded 3-5 minute presentation describing that career cluster and a list of different professions under that industry.

Individual Work

1. Taking notes during the career cluster sessions.
2. Reflecting on personal interests and experiences related to specific industries or professions.
3. Setting goals for further exploration and development in chosen career paths.
4. Reconvene as a whole group to discuss what students learned.
5. Ask students to share which career cluster they connected with the most and share a profession under that career cluster they plan to explore further.

Lesson 10.3

Building a Support System Inside and Outside of School

Overview

This lesson focuses on helping students identify and establish a support network that includes resources and individuals within and outside the school environment, emphasizing the importance of a strong support system for academic success, emotional well-being, and career development.

Learning Objectives

- Recognize the importance of having a support system for personal and academic growth
- Identify key individuals and resources within the school that can provide support
- Identify key individuals and resources outside the school that can offer guidance and assistance
- Develop strategies to seek help and support when needed

ASCA Standards & Competencies

M 3. Positive attitude toward work and learning

M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes

B-SMS 7. Effective coping skills

B-SMS 10. Ability to manage transitions and adapt to change

B-SS 3. Positive relationships with adults to support success

Suggested Grade Level 10

Time Required 30 minutes

Materials

- Whiteboard and markers
- Handouts listing school resources
- Handouts listing community resources (mentors, community centers, helplines, etc.)

Instructions

Classroom Work

1. Lead the discussion and ensure all students are engaged. Provide examples individual students can use as support and share personal experiences if appropriate.
2. Distribute the list of school resources, including:
 - Students
 - Teachers
 - Counselors
 - Clubs
 - Tutoring services, etc.
3. Distribute the list of community resources, including:
 - Parents
 - Mentors
 - Community centers
 - Helplines, etc.

Individual Work

1. Ask students to map out personal support networks that include resources from their school environment and community.
2. Instruct students to reflect on who they rely on and identify gaps in their support system.

Small Group

1. Split students into small groups and ask them to take turns and share their support maps.
2. Ask students to discuss strategies for utilizing and strengthening their support networks.
3. Instruct students to provide feedback and suggestions to peers on building a stronger support system.

Lesson 10.4

Participating in Leadership

Overview

This lesson aims to help students understand the importance of leadership skills in both their academic and personal lives. It highlights how leadership experiences can enhance their applications to competitive universities and prepares students to take on leadership roles in various contexts.

Learning Objectives

- Understand the value of leadership skills in academic, extracurricular, and personal contexts
- Recognize the importance of leadership experiences for competitive university applications
- Identify opportunities to develop and demonstrate leadership skills
- Develop a plan to cultivate their leadership abilities

ASCA Standards & Competencies

M 4. Self-confidence in ability to succeed

B-LS 4. Self-motivation and self-direction for learning

B-LS 10. Participation in enrichment and extracurricular activities

B-SS 1. Effective oral, written communication, and listening skills

B-SS 6. Effective collaboration and cooperation skills

Suggested Grade Level 10

Time Required 30 minutes

Materials

- Handouts or articles (like [this one](#)*) on leadership opportunities
- [Worksheet for planning leadership development](#)*

**Scoir does not own or maintain this resource. It is publicly available and can be referenced as you customize the lesson for your classroom.*



Instructions

Classroom Work

1. Lead discussions on the importance of building leadership skills and participating in leadership opportunities.

Discussion points:

- Students often view leadership as something reserved for adults, but positively taking charge of an activity, a group, or even a project is a step very few teens take.
- Admissions officers are looking for students who take the initiative to work on new projects or to collaborate and learn new skills.
- Note that your application should include a good mix of leadership activities, research, extracurricular activities, and a strong passion for the subject you're applying for!

Individual Work

1. Pass out the [leadership opportunity handout](#)* (starting on page 3) and ask students to complete the following:
 - Carefully read through the handout.
 - Reflect on leadership opportunities they would like to participate in.
 - Write down a plan that includes a timeline of the leadership activities students plan to engage in during their high school years.

Such as:

- Run for student government or class council
- Join the board of a student organization
- Start a club
- Get a job or an internship
- Serve as a volunteer
- Join a sports team
- Pursue a passion project
- Start a small business or join business programs
- Get involved with research

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Lesson 10.5

Virtual Career Exploration Tools and Resources

Overview

This lesson introduces students to digital platforms, primarily the Scoir app, to explore career options and take career assessments, helping students utilize technology to gain insights into potential career paths and make informed decisions about their future.

Learning Objectives

- Understand the features and benefits of using virtual career exploration tools like Scoir
- Complete a career assessment using the Scoir app
- Analyze the results of their career assessment to identify potential career paths
- Develop a plan to further explore identified career interests

ASCA Standards & Competencies

M 6. Understanding that post-secondary education and lifelong learning are necessary for long-term success

B-LS 9. Decision-making informed by gathering evidence, getting others' perspectives and recognizing personal bias

B-SMS 5. Perseverance to achieve long- and short-term goals

B-SS 8. Advocacy skills for self and others and ability to assert self, when necessary

Suggested Grade Level 10

Time Required 30 minutes

Materials

- Computers or tablets with internet access
- Access to the Scoir app (student accounts set up in advance)
- [Handout with instructions on how to navigate and use PrinciplesYou on Scoir](#)

Instructions

Classroom Work

1. Guide students through the lesson, ensuring they understand how to use Scoir and complete the PrinciplesYou career assessment.
2. Assist students with any technical inquiries they may encounter while using the Scoir app.
3. Help students interpret their assessment results and suggest resources for further career exploration.

Individual Work

1. Completing the career assessment on Scoir by going to **Discover > Careers > Your Assessments > PrinciplesYou**
2. Analyzing and reflecting on their assessment results, including career matches, using the provided worksheet.
3. Developing a personal plan for further career exploration.

Small Group

1. Instruct students to participate in group discussions, share assessment results and career matches, and potential career interests.
2. Ask them to provide feedback and support to peers regarding their career exploration plans.
3. Encourage students to collaborate and brainstorm additional resources and actions for exploring career paths.

Lesson 10.6

Exploring Internship Programs

Overview

Help students understand the value of summer internships and begin searching for them using the Scoir app. This lesson focuses on leveraging internships to gain real-world experience, build professional skills, and enhance college applications.

Learning Objectives

- Understand the benefits of participating in summer internship programs
- Learn how to use the Scoir app to search for summer internships
- Identify internship opportunities that align with their career interests
- Develop a plan for securing a summer internship, including creating a resume and preparing for interviews

ASCA Standards & Competencies

M 6. Understanding that post-secondary education and lifelong learning are necessary for long-term success

B-LS 7. Long- and short-term academic, career, and social/emotional goals

B-SMS 5. Perseverance to achieve long- and short-term goals

B-SS 8. Advocacy skills for self and others and ability to assert self, when necessary

Suggested Grade Level 10

Time Required 30 minutes

Materials

- Computers or tablets with internet access
- Access to the Scoir
- Handouts (or an article like [this one](#)) with instructions on how to navigate and use Scoir for internship searches
- [Worksheet for tracking internship applications and planning next steps](#)*

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Instructions

Classroom Work

1. Walk students through the Scoir features relevant to finding internships, such as the job search function and resources for building a resume.
2. Guide students through the process of applying for internships, including how to create a resume, write a cover letter, and prepare for interviews. Provide tips on presenting themselves professionally.

Individual Work

1. Have students login to their Scoir accounts and explore various internship opportunities.
 - Instruct students to click on the tab **#Posts > #Internships**.
 - Have students expand their research by going to college websites
 - Find an exciting internship opportunity and read about it, or watch the video that describes it.
 - Repeat the above steps for two other internships.

Small Group

1. Facilitate a group discussion where students can share the internships they found and discuss their application plans. Encourage peer feedback and support.

Lesson 10.7

Identifying Part-time Job Opportunities for Work Experience

Overview

Help students understand the value of part-time jobs in gaining work experience, developing skills, and building a resume. This lesson focuses on guiding students through the process of finding and applying for part-time jobs that align with their interests and career goals.

Learning Objectives

- Understand the benefits of part-time jobs for gaining work experience and developing skills
- Learn how to identify and apply for part-time job opportunities
- Create or update a resume and prepare for job interviews
- Develop a plan for balancing work and academic responsibilities

ASCA Standards & Competencies

M 6. Understanding that post-secondary education and lifelong learning are necessary for long-term success

B-LS 9. Decision-making informed by gathering evidence, getting others' perspectives and recognizing personal bias

B-SMS 5. Perseverance to achieve long- and short-term goals

B-SS 3. Positive relationships with adults to support success

Suggested Grade Level 10

Time Required 30 minutes

Materials

- Computers or tablets with internet access
- Access to job search websites and local job listings
- [Handout with tips for creating resumes and preparing for interviews*](#)
- [Worksheet for tracking job applications and planning next steps*](#)

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Instructions

Classroom Work

1. Explain the benefits of part-time jobs, such as gaining work experience, developing skills, earning money, and enhancing college applications.
2. Outline the lesson objectives.
3. Introduce students to job search websites and resources, including local job listings, company websites, and job boards. Provide a brief tutorial on how to use these tools effectively.
4. Have students use computers or tablets to search for part-time job opportunities that match their interests and availability. Guide them on how to filter search results and find suitable positions.

Individual Work

1. Instruct students who are interested in working to fill out a job application.
2. Encourage students to ask questions and allow time for counselor feedback.

Small Group

1. Participate in group discussions to share job opportunities found and application plans.
2. Provide feedback and support to peers regarding their job search and application materials.
3. Share the jobs they found and discuss their application plans. Encourage peer feedback and support.

Lesson 10.8

Guidance on Resume Writing and Job Applications

Overview

Equip students with the skills and knowledge needed to create effective resumes and complete job applications. This lesson focuses on teaching students how to present their experiences and skills in a professional manner to increase their chances of securing employment.

Learning Objectives

- Understand the key components of a professional resume
- Learn how to format and organize their resumes effectively
- Gain knowledge about common job application processes and requirements
- Develop the skills to write a tailored resume and cover letter for specific job applications

ASCA Standards & Competencies

M 4. Self-confidence in ability to succeed

M 6. Understanding that post-secondary education and lifelong learning are necessary for long-term success

B-LS 7. Long- and short-term academic, career, and social/emotional goals

B-SS 1. Effective oral and written communication skills and listening skills

B-SS 3. Positive relationships with adults to support success

Suggested Grade Level 10

Time Required 30 minutes

Materials

- Computers or tablets with word processing software
- [Sample resumes and cover letters](#)*
- Access to Scoir

**Scoir does not own or maintain this resource. It is publicly available and can be referenced as you customize the lesson for your classroom.*



Instructions

Classroom Work

1. Explain the importance of a well-crafted resume and how it can impact job applications. Provide an overview of the lesson objectives.
2. Discuss the key components of a resume, including contact information, objective or summary, education, work experience, skills, and references. Show examples of effective resumes.
3. Teach students how to format and organize their resumes. Highlight best practices for font choice, layout, and use of bullet points. Provide tips on how to make their resumes visually appealing and easy to read.
4. Explain the purpose of a cover letter and its key components, including the introduction, body, and conclusion. Provide examples of effective cover letters.

Individual Work

1. Instruct students to log into their Scoir accounts.
2. Click on “Me”
3. Click on “Resume”
4. Ask them to complete all the questions in the resume section:
 - Personal Statement
 - GPA
 - Work Experience
 - Athletics
 - Community Service
 - Clubs & Activities

Small Group

Facilitate a discussion where students can share their resumes and provide feedback to each other. Encourage students to suggest improvements and share useful tips.

Lesson 10.9

Introduction to College Costs and Financial Aid Options

Overview

This lesson will educate students about the various costs associated with attending college and the financial aid options available to help manage these expenses. It will provide students with a foundational understanding of tuition, fees, and other college-related expenses, as well as an overview of scholarships, grants, loans, and work-study programs.

Learning Objectives

- Understand the different components of college costs, including tuition, fees, room and board, books, and other expenses
- Learn about various financial aid options, including scholarships, grants, loans, and work-study programs
- Identify resources and strategies for researching and applying for financial aid.
- Develop a plan to explore financial aid options and create a budget for college expenses

ASCA Standards & Competencies

M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes

B-LS 5. Media and technology skills to enhance learning

B-SMS 1. Responsibility for self and actions

B-SMS 5. Perseverance to achieve long- and short-term goals

B-SS 8. Advocacy skills for self and others and ability to assert self, when necessary

Suggested Grade Level 10

Time Required 30 minutes

Materials

- Computers or tablets with internet access
- Scoir account or handouts with information on college costs and financial aid options (like [this article](#))
- [Worksheet for budgeting college expenses and planning financial aid applications](#)*
- Projector and screen for presentations

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Instructions

Classroom Work

1. Explain the importance of understanding college costs and financial aid. Provide an overview of the lesson objectives.
2. Discuss the various components of college costs, including tuition, fees, room and board, books, supplies, transportation, and personal expenses. Show examples of cost breakdowns from different types of colleges (e.g., public, private, community colleges).
3. Introduce the different types of financial aid available, including scholarships, grants, federal and private loans, and work-study programs. Explain the differences between each type and provide examples.
4. Show students how to use online resources and tools to research financial aid options. Provide a list of useful websites and resources for finding scholarships and grants.
5. Have students log into Scoir and go to the Colleges tab. From there, they can click into a college and select the Cost & Aid tab to see financial details.

Individual Work

1. Ask students to work individually to complete worksheets that help them create a budget for their college expenses. Encourage them to consider various scenarios and explore potential financial aid options.
2. Guide students in developing a plan to explore financial aid options further, including researching scholarships, preparing applications, and meeting with financial aid advisors.

Lesson 10.10

Introduction to Scholarships

Overview

This lesson focuses on helping students understand the importance of scholarships in financing their education and how to effectively search for and apply to scholarship opportunities. It will equip students with the skills and knowledge needed to navigate the scholarship application process and increase their chances of securing financial assistance for college.

Learning Objectives

- Understand the significance of scholarships in funding their education
- Learn strategies for researching and identifying scholarship opportunities
- Gain insight into the common components of scholarship applications
- Develop skills in writing compelling essays and gathering required documentation for scholarship applications

ASCA Standards & Competencies

M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes

M 6. Understanding that post-secondary education and lifelong learning are necessary for long-term success

B-LS 5. Media and technology skills to enhance learning

B-SMS 1. Responsibility for self and actions

B-SS 8. Advocacy skills for self and others and ability to assert self, when necessary

Suggested Grade Level 10

Time Required 30 minutes

Materials

- Computers or tablets with internet access
- Handout (like [this one](#)*) with tips for searching and applying for scholarships
- [Sample scholarship application forms and essay prompts](#)*

**Scoir does not own or maintain this resource. It is publicly available and can be referenced as you customize the lesson for your classroom.*



Instructions

Classroom Work

1. Explain the importance of scholarships in funding a college education and provide an overview of the lesson objectives.
2. Discuss the different types of scholarships available, including merit-based, need-based, and specialty scholarships. Explain how scholarships can cover various expenses, such as tuition, fees, books, and living expenses.
3. Guide students in developing a plan for completing their scholarship applications, including setting deadlines, gathering required materials, and seeking assistance from teachers or counselors.

Individual Work

Have students work individually to brainstorm essay topics and outline their scholarship essays. Encourage them to gather the necessary documentation and review application requirements.

Small Group

Facilitate a group discussion where students can share their essay topics and receive feedback from peers. Encourage constructive criticism and offer guidance on improving essay content and structure.

Lesson 10.11

Student Loans and Debt Management (Video Recommended)

Overview

This lesson focuses on educating students about the implications of student loans and strategies for managing debt effectively. It aims to help students make informed decisions about borrowing for college and develop financial literacy skills to navigate the complexities of student loans and debt repayment.

Learning Objectives

- Understand the types of student loans available and their associated terms and conditions
- Learn about the potential long-term financial implications of borrowing student loans
- Explore strategies for responsible borrowing and minimizing student loan debt
- Develop skills for managing debt effectively and planning for loan repayment

ASCA Standards & Competencies

M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes

M 6. Understanding that post-secondary education and lifelong learning are necessary for long-term success

B-LS 5. Media and technology skills to enhance learning

B-LS 7. Long- and short-term academic, career, and social/emotional goals

B-SMS 5. Perseverance to achieve long- and short-term goals

B-SS 8. Advocacy skills for self and others and ability to assert self, when necessary

Suggested Grade Level 10

Time Required 30 minutes

Materials

- Video presentation on student loans and debt management
- Handouts with key information on student loan types, repayment options, and debt management strategies (like this [Scoir article](#) and [this article](#)*)
- [Worksheet for budgeting and planning loan repayment](#)*

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Instructions

Videos

The Student Loans Debt Crisis, Explained: <https://www.youtube.com/watch?v=FYKpL7p0t1U>*
How Do Student Loans Work?: <https://www.youtube.com/watch?v=FzGhW8cbX2s>*

Classroom Work

1. **Introduction:** Introduce the topic of student loans and debt management and explain the importance of understanding these concepts for college planning.
2. **Video Presentation:** Show a pre-selected video presentation on student loans and debt management. Ensure the video covers topics such as types of student loans, interest rates, repayment plans, loan forgiveness programs, and strategies for managing debt.
3. **Discussion:** Lead a discussion based on the video content, encouraging students to ask questions and share their thoughts and concerns about student loans and debt. Address any misconceptions and provide clarification as needed.
4. **Types of Student Loans:** Provide handouts outlining the different types of student loans available, including federal loans, private loans, and parent loans. Discuss the features and terms of each type of loan.
5. **Debt Management Strategies:** Distribute handouts with tips and strategies for managing student loan debt effectively, such as creating a budget, exploring income-driven repayment plans, and seeking loan forgiveness opportunities.

Individual Work

Have students work individually to complete worksheets that help them assess their current financial situation, estimate their future loan payments, and develop a plan for managing debt.

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